



Resources for the DCoE October 2013 Webinar

Sexual Assault and Harassment in the Military

1. Clinicians can learn about military sexual trauma (MST) from the Veterans Health Initiative study guide on [Military Sexual Trauma](#) which discusses the meaning, epidemiology and psychological effects of MST and provides information on screening for and assessing MST and available treatments.
2. The National Center for PTSD [Sexual Trauma: Information for Women's Medical Providers](#) provides basic information for medical providers working with women who have a history of sexual trauma. Includes suggestions on how to prevent distress in the patient.
3. The National Center for PTSD online [PTSD 101 Course: Military Sexual Trauma](#) defines sexual harassment and assault and provides prevalence rates, effects on mental health, approaches to treatment, and common themes of treatment and unique issues for victims in the military, both women and men.
4. [The DoD Safe Help Line: Sexual Assault Support for the DoD Community](#) is an anonymous one-on-one advice, support and information crisis support service for members of the DoD community affected by sexual assault – 24/7 via phone, text or online chat from anywhere in the world.
5. The [National Sexual Assault Online Hotline](#) provides immediate crisis help and information about recovery, resources and referrals. The hotline can be reached by calling 800-656-HOPE.
6. [MyDuty.mil](#) provides information and guidance on reporting options and rights for active-duty service members who have been a victim of military sexual assault or know someone who has.
7. The Department of Defense [Sexual Assault Prevention and Response Office](#) website provides guidance, resources, safety tips and related websites for victims of sexual assault, the individuals they turn to, unit commanders, first responders and others.
8. [The Sexual Violence in the Military: A Guide for Civilian Advocates](#) focuses on the impact of sexual violence in the military and includes resources for advocates.
9. The 2013 U.S. Commission on Civil Rights [Sexual Assault in the Military Report](#) examines how the armed services respond to reports of sexual assault and how the military informs service members, military criminal investigators and military lawyers about sexual assault offenses.

For more information related to today's webinar, please visit the following websites:

- [Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury](#)
- [Navy Health Research Center: Behavioral Sciences and Epidemiology](#)